

Mental Health

by the numbers



Millions of people in the United States suffer from a **mental health disorder every year.**

Although you may *feel isolated*, it is important to know that **you are not alone** and there is *no shame in seeking help.*



One in 5 adults
in the U.S. experience
a **mental health
disorder**



One in 20 adults
in the U.S. experience
a **severe mental
health disorder**

Annually, **47%** of them
receive treatment



Annually, **65%** of them
receive treatment

12-Month Prevalence of **Common Mental Health Disorders** (All U.S. Adults)

19% } Anxiety disorders

8% } Depression
Co-occurring mental health
and substance use disorders

4% } Post-traumatic
stress disorder

3% } Bipolar
disorder

1% } Borderline personality disorder
Obsessive compulsive disorder
Schizophrenia

If you struggle with mental health,
Talbott Recovery is available 24/7 to help.



Call **844-678-2356** to schedule
a confidential, no-cost assessment.

Visit TalbottCampus.com

Source: *National Alliance on Mental Health*

Physicians are on the medical staff of Talbott Recovery, but, with limited exceptions, are independent practitioners who are not employees or agents of Talbott Recovery. The facility shall not be liable for actions or treatments provided by physicians. For language assistance, disability accommodations and the nondiscrimination notice, visit our website. 240234-0329 2/24



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RECOVERY**

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